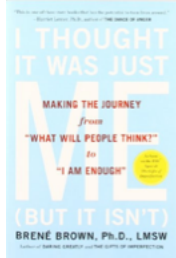


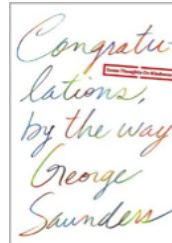
Compassion

Recommended Reading List

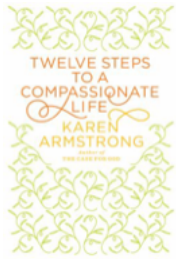
Purchase resources through the common*converse* affiliate links listed below or find them at your local library or favorite bookstore.



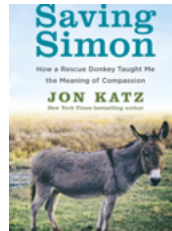
[*I Thought It Was Just Me \(But it isn't\): Making the journey from "What will people think?" to "I am enough."*](#)
by Brené Brown, Ph.D., LMSW.
Dewey Call no.: 152.4 B
LC Classification:
HQ1206 .B7652007



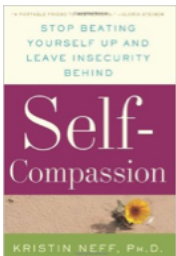
[*Congratulations, by the way: some thoughts on kindness.*](#)
by George Saunders
Dewey Call no.: 177.7 S
LC Classification:
BJ1533.K5 S28 2014



[*Twelve Steps to A Compassionate Life,*](#)
by Karen Armstrong
Dewey Call no.: 177.7 A 2010
LC Classification:
BJ1475 .A77 2011



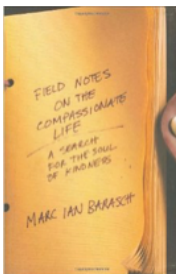
[*Saving Simon: how a rescue donkey taught me the meaning of compassion*](#)
by Jon Katz
Dewey Call no.: 636.182 K
LC Classification:
SF361.3.U6 K38 2014



[*Self-Compassion: stop beating yourself up and leave insecurity behind.*](#)
by Kristin Neff, Ph.D.
Dewey Call no.: 158.1 N
LC Classification:
BF575.S37 N44 2011



[*Awakening Kindness: finding joy through compassion for others.*](#)
by Nawang Khechog
Dewey Call no.: 177.7 K
LC Classification:
BJ1533.K5 K44 2010



[*Field Notes on the Compassionate Life: A Search for the Soul of Kindness*](#)
by Marc Ian Barasch
Dewey Call no.: 177.7 B
LC Classification:
BJ1531 .B27 2005